

- **Long term health consequences for children and young people with obesity are significant**
- **Obesity in adolescence is difficult to manage**
- **Thousands of teenagers across London are struggling everyday with their weight**

We are conducting a trial of solution-focused, motivational, behavioural intervention to help young people manage overweight:



**COMMUNITY BASED & AT GREAT ORMOND STREET HOSPITAL
FOR YOUNG PEOPLE AGED 13 – 17 WITH OBESITY
FREE TO PARTICIPATE**

PLEASE CONTACT US IF YOU KNOW A YOUNG PERSON WITHIN LONDON AND SURROUNDING BOROUGHES WHO WOULD BENEFIT AND BE ELIGIBLE FOR THIS STUDY (OR ASK A YOUNG PERSON OR THEIR FAMILY TO CONTACT US) ON

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